

18,238

GREAT FUTURES START HERE.

2023 Q2 Update

for Hunt County



BOYS & GIRLS CLUBS OF NORTHEAST TEXAS

FILED FOR RECORD at 1:00 o'clock

JUL 11 2023

BECKY LANDRUM County Clerk, Hunt County, Tex.

By [Signature]

BETTER THAN EVER

OUR 3 PRONGED APPROACH TO PREVENTION PROGRAMS

1

Evidence Based, Outcome Driven SMART Moves Programming

2

Mentor Matches based on need and interest

3

Trauma Informed Care, Training, & Programming

SCHOOL IS OUT, BUT THE CLUB IS IN!

We are currently hosting our LARGEST SUMMER PROGRAM EVER.

TAKE A PEAK AT OUR SUMMER PROGRAM:



Q2 PREVENTION HIGHLIGHT

Our prevention programs have had a transformative impact on students, both inside and outside the club, as witnessed by their positive character changes. Teachers have provided glowing feedback about club members, highlighting their growth and improved behavior. Together, we are shaping resilient individuals, fostering compassion, and making a meaningful difference in the lives of students.

2023 Q2 PREVENTION SNAPSHOT OF HUNT COUNTY CLUBS:

REECY CLUB: HOURS OF SMART MOVES PROGRAMMING

150

REECY AVERAGE DAILY ATTENDANCE

95

LONE OAK CLUB: HOURS OF SMART MOVES PROGRAMMING

30

LONE OAK AVERAGE DAILY ATTENDANCE

25

GREAT FUTURES START HERE.

SPOTLIGHT: TRAUMA INFORMED CARE



BOYS & GIRLS CLUBS OF NORTHEAST TEXAS

THE PROBLEM

With a staggering 61% of children experiencing adverse childhood experiences, trauma-informed care is vital for addressing long-lasting effects and supporting their well-being. Clubs serve as safe havens, making a trauma-informed approach essential for members and staff to feel secure in exploring their health and identity.



2/3 of Youth

experienced at least one potentially traumatic event by the age of 16 pre-COVID



1 in 7 Youth have experienced child abuse or neglect in the past year.



47% of Club teens rated mental health as the social issue they are most concerned about.

TYPES OF TRAUMA:

1 ACUTE CHARACTERIZED BY A SINGLE TRAUMATIC EVENT

2 CHRONIC CHARACTERIZED BY ONGOING TRAUMATIC EVENTS

3 VICARIOUS CHARACTERIZED BY FGM ASSOCIATED WITH OTHERS' TRAUMA

THE EVIDENCE-BASED SOLUTION

Our Club prioritizes youth well-being through trauma-informed care, embracing key elements like safety, trust, equity, and collaboration. We are committed to becoming a fully trauma-informed organization, progressing through the four phases of development.

PHASE 1

BUILDING READINESS

Create internal team, train staff, evaluate and improve for trauma-informed practices.

PHASE 2

TRAUMA AWARE

Train staff, evaluate, create resources, and partner with mental health providers for trauma-informed care.

PHASE 3

TRAUMA RESPONSIVE

Train staff, implement with youth & families, become a TI Club, and partner with local mental health providers.

PHASE 4

TRAUMA INFORMED

Empower staff, embed TI practices, and lead as a community advocate for trauma-informed care.

THE OUTCOMES



RESILIENCE

Trauma-informed care fosters resilience, empowering children to overcome adversity and thrive.



MENTAL

By addressing trauma's impact, trauma-informed care promotes positive mental well-being, reducing anxiety and depression.



ACADEMIC

Implementing trauma-informed approaches in education supports academic success by creating a safe and nurturing environment for learning.



Youth build social-emotional skills ingrained in Club programming.



Youth have access to trained Club staff invested in their mental and emotional health.



Youth are emotionally supported with best practices that prevent retraumatization.



Youth are connected to local mental health agencies and referral networks.

OUTCOMES POSITIVELY AFFECT ALL: YOUTH, PARENTS, & STAFF!

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